

DAY- 1 Saturday 19th May

10.00	Numbers available			
11.00	100m	Decathlon	Senior Boys	1 heat
11.00	Long Jump	Octathlon	Inter Boys	LJ 1
11.10	100m Hurdles	Heptathlon	Senior Girls	1 heat
11.15	80m Hurdles	Pentathlon	Junior Boys	3 heats
11.20	80m Hurdles	Heptathlon	Inter Girls	1 heat
11.30	Long Jump	Decathlon	Senior Boys	LJ 1
11.30	75m Hurdles	Pentathlon	U13 Boys	3 heat
11.50	High Jump	Heptathlon	Senior/Inter Girls	hJ 1
11.50	Discus	Octathlon	Inter Boys	Discus 1
11.50	Shot	Pentathlon	Junior Boys	Shot 1
11.50	Shot	Decathlon	Senior Boys	Shot 1
12.10	Long Jump	Pentathlon	U13 Boys	LJ 1
1.00	Shot	Heptathlon	Senior/Inter Girls	Shot 1
1.00	Shot	Pentathlon	U13 Boys	Shot 2
1.30	Long Jump	Pentathlon	Junior Boys	LJ 1
2.00	High Jump	Decathlon	Senior Boys	HJ 1
2.00	Javelin	Octathlon	Inter Boys	Jav 1
2.30	High Jump	Pentathlon	U13 Boys	HJ 1
2.30	High Jump	Pentathlon	Junior Boys	HJ 2
3.00	400m	Decathlon	Senior Boys	1 heat
	400m	Octathlon	Inter Boys	
3.05	200m	Heptathlon	Senior/Inter Girls	1 heat
3.30	800m	Pentathlon	U13 Boys	1 heat
3.40	800m	Pentathlon	Junior Boys	2 heats
3.50	Presentations	Pentathlon	U13 Boys	
3.55	Presentations	Pentathlon	Junior Boys	

Day -2 Sunday 20th May

11.00	110m Hurdles	Decathlon	Senior Boys	1 heat
11.00	Long Jump	Heptathlon	Senior/Inter Girls	LJ 1
11.10	100m Hurdles	Octathlon	Inter Boys	1 heat
11.15	75m Hurdles	Pentathlon	Junior Girls	5 heats
11.30	70m Hurdles	Pentathlon	U13 Girls	2 heats
11.40	100m	Quadrathlon	U13 Girls	1 heat
11.40	High Jump	Octathlon	Inter Boys	HJ 1
11.40	Discus	Decathlon	Senior Boys	
12.00	Shot	Pentathlon	Junior Girls- pool 1	Shot 1
12.00	Shot	Pentathlon	Junior Girls –pool 1	Shot 2
12.40	Javelin	Heptathlon	Senior / Inter Girls	
12.40	Shot	Pentathlon/Quad	U13 Girls	Shot 1
12.40	Shot	Octathlon	Inter Boys	Shot 1
12.40	Pole Vault	Decathlon	Senior Boys	
1.30	High Jump	Pentathlon	Junior Girls –pool 1	HJ 1
1.30	High Jump	Pentathlon	Junior Girls –pool 2	HJ 2
2.15	800m	Heptathlon	Senior Girls	1 heat
2.25	800m	Heptathlon	Inter Girls	1 heat
2.30	High Jump	Pentathlon	U13 Girls	HJ 2
2.30	Javelin	Decathlon	Senior Boys	
2.30	1500m	Octathlon	Inter Boys	1 heat
2.45	Presentation	Heptathlon	Senior / Inter Girls	
2.45	Presentation	Octathlon	Inter Boys	
3.00	Long Jump	Pentathlon	Junior Girls	LJ 1
3.00	Long Jump	Pentathlon	Junior Girls	LJ 2
3.40	1500m	Decathlon	Senior Boys	1 heat
3.40	Long Jump	Pentathlon/Quad	U 13 Girls	LJ 1
4.00	Presentation	Decathlon	Senior Boys	
4.00	800m	Pentathlon	Junior Girls	3 heats

4.30	800m	Pentathlon/Quad	U13 Girls	1 heat
4.40	Presentations	Pentathlon	Junior Girls /U13 Girls	